

## Hotel & Spa Programmes

### Anti-Oxidant Thermal Program - 7 Nights

This is the classic thermal break that combines the benefits of Saturnia's water and mud treatments with state-of-the-art physiotherapeutic techniques, both manual and mechanical. Capable of carrying out highly-specialised and personalised treatments, to maximise their therapeutic effect.

- 1 Medical Check-Up
- 6 Mud Therapy or Multijet
- 6 Physiokinesiotherapy (25 min.)
- 1 Saturnia Fitness Program
- Medical Examination if necessary

	Comfort	Superior	De Luxe	Executive
DOUBLE ROOM	€ 1.796,00	€ 2.006,00	€ 2.163,00	€ 2.373,00
SINGLE ROOM	€ 2.163,00	€ 2.373,00	€ 2.688,00	€ 2.898,00

*Weekly Rates per person including American Breakfast Buffet*

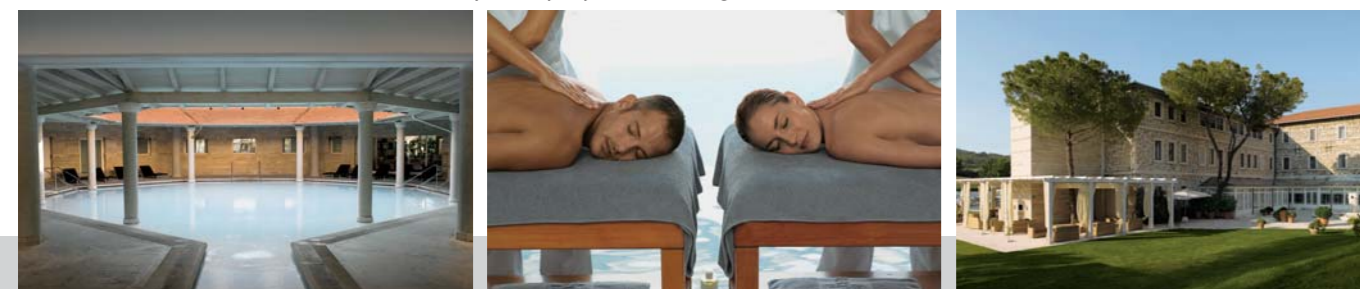
### Beauty Full Immersion - 7 Nights

This program is designed for those guest who, during their thermal stay, wish to concentrate on face and body treatments. It consists of a full immersion in beauty with the exclusive treatments of the Terme di Saturnia.

- 1 Cleansing Facial
- 2 Specific Face Treatment
- 1 Multivitamin Face Treatment
- 1 Gommage + Thermal Plankton
- 2 Toning Body Mud
- 1 Aromatic Oil Massage with Mud
- 1 Saturnia Fitness Program

	Comfort	Superior	De Luxe	Executive
DOUBLE ROOM	€ 1.855,00	€ 2.065,00	€ 2.222,00	€ 2.432,00
SINGLE ROOM	€ 2.222,00	€ 2.432,00	€ 2.747,00	€ 2.957,00

*Weekly Rates per person including American Breakfast Buffet*



## Hotel & Spa Programmes

### Relax Yourself - 3 Nights

- 1 Full Body Massage
- 1 Saturnia Long Massage
- 1 Saturnia Four Hand Massage Shower
- 1 Mukha Bliss

	Comfort	Superior	De Luxe	Executive
DOUBLE ROOM	€ 811,00	€ 901,00	€ 968,00	€ 1.058,00
SINGLE ROOM	€ 968,00	€ 1.058,00	€ 1.193,00	€ 1.283,00

*Rates per person, including American Breakfast Buffet*

### Saturnia Basic - 3 Nights

- 1 Specific Face Treatment
- 1 Aromatic Oil Massage with Mud or Energetic Rebalancing Massage
- 1 Saturnia Four Hand Massage Shower

	Comfort	Superior	De Luxe	Executive
DOUBLE ROOM	€ 698,00	€ 788,00	€ 855,00	€ 945,00
SINGLE ROOM	€ 855,00	€ 945,00	€ 1.080,00	€ 1.170,00

*Rates per person, including American Breakfast Buffet*

### Saturnia Holistic - 3 Nights

- 1 Saturnia Stone Therapy
- 1 Mukha Bliss
- 1 Shiatsu

	Comfort	Superior	De Luxe	Executive
DOUBLE ROOM	€ 725,00	€ 815,00	€ 882,00	€ 972,00
SINGLE ROOM	€ 882,00	€ 972,00	€ 1.107,00	€ 1.197,00

*Rates per person, including American Breakfast Buffet*



## Golf: Green Fee - Hotel Guests

A 6,294 metre, Par-72, 18-hole championship golf course and all the well being of an extraordinary thermal water. Make sure you play your next round of golf at Terme di Saturnia Spa & Golf Resort.

1 Green Fee 18 Holes	
From Monday to Friday	Saturday and Sunday
€ 40,00	€ 56,00

Golf Lessons	
1 Golf Lesson 1/2 hour	1 Golf Lesson 1 hour
€ 33,00	€ 65,00



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**SATURNIA**  
SPA & GOLF RESORT

THE LEADING HOTELS  
OF THE WORLD®



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SPECIALISTS IN THE ART OF TRAVEL

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**SATURNIA**  
SPA & GOLF RESORT

OFFICIAL RATES 2011

## Official Rates 2011

Per person per night with Full American Buffet Breakfast (VAT Included)

### Daily Rates

	Comfort	Superior	De Luxe	Executive	Grand Suite
DOUBLE ROOM	€ 210,00	€ 250,00	€ 280,00	€ 320,00	€ 750,00
SINGLE ROOM	€ 280,00	€ 320,00	€ 380,00	€ 420,00	€ 1.500,00

### Midweek Rates - Minimum 2 nights stay - from Sunday to Thursday included

	Comfort	Superior	De Luxe	Executive	Grand Suite
DOUBLE ROOM	€ 179,00	€ 213,00	€ 238,00	€ 272,00	€ 638,00
SINGLE ROOM	€ 238,00	€ 272,00	€ 323,00	€ 357,00	€ 1.275,00

### Weekly Rates - Minimum 1 week-stay

	Comfort	Superior	De Luxe	Executive	Grand Suite
DOUBLE ROOM	€ 158,00	€ 188,00	€ 210,00	€ 240,00	€ 563,00
SINGLE ROOM	€ 210,00	€ 240,00	€ 285,00	€ 315,00	€ 1.125,00

### Weekend Extension – Arrival on Saturday - Late check out on Sunday at 7.00 pm

	Comfort	Superior	De Luxe	Executive	Grand Suite
DOUBLE ROOM	€ 270,00	€ 310,00	€ 340,00	€ 380,00	€ 810,00
SINGLE ROOM	€ 400,00	€ 440,00	€ 500,00	€ 540,00	€ 1.620,00

### Early Booking Offer – 60 Days Advance Booking

subject to availability – full pre-payment required upon reservation

	Comfort	Superior	De Luxe	Executive	Grand Suite
DOUBLE ROOM	€ 147,00	€ 175,00	€ 196,00	€ 224,00	€ 525,00
SINGLE ROOM	€ 196,00	€ 224,00	€ 266,00	€ 294,00	€ 1.050,00

Extra bed Adult per night (Superior, De Luxe & Executive)

€ 100,00

Extra bed Child up to 12 years per night (Superior, De Luxe & Executive)

€ 60,00

Bay coat Child up to 3 years (Superior, De Luxe & Executive)

€ 30,00

Buffet Lunch per Person - Beverages not included

€ 40,00

Dinner (proposal of the day) per Person - Beverages not included

€ 55,00

### Mandatory Minimum Stay and Supplements on above Rates

From	To	Minimum Length of Stay	Suppl. per Person/Night
April, 21st	April, 26th	5 nights	€ 70,00
April, 29th	May, 2nd	3 Nights	–
June, 1st	June, 5th	3 nights	–
August, 10th	August, 20th	5 nights	€ 70,00
October, 28th	November, 2nd	3 nights	–
December, 7th	December, 11th	3 nights	–
December, 26th	January, 3rd 2012	7 nights	€ 70,00

### Hotel Rates include:

#### For Your well-being:

- Thermal pool with sulphurous water 37°C
- Natural hydromassage waterfalls
- Jacuzzi en plein air
- Swimming pool kit: bathrobe, large towel, slippers, bag
- Reserved sun-bed in the pool area
- Roman bath with sauna and steam bath room (on medical advice)
- Car Valet and parking

#### Sport:

- Guided morning hikes
- Golf driving range
- Flood-lit tennis court
- Bikes and mountain bikes
- Use of fitness centre (classes not included)

#### In the evening:

- Piano Bar
- Themed lectures
- Auction sales

## SPA Programmes (to be added at the stay)

### Aroma of the Maremma (2 Days)

The scents and feelings of the Tuscan region in these two treatments dedicated to the wellbeing of the body.

1	Ulivitas
1	Nutrimelis
<b>Total</b>	<b>€ 180,00</b>

### Thermae et Aqua (2/3 Days)

Designed to regenerate the body, capitalizing on the beneficial properties of the Terme di Saturnia “hot spring”.

1	Aromatic Oil Massage with Mud
1	Saturnia Four Hand Massage Shower
1	Multijet
<b>Total</b>	<b>€ 190,00</b>

### SPA for Men (2/3 Days)

For Men who want to rediscover their own wellbeing.

1	Men's Facial Treatment
1	Targeted Zone Massage for back & shoulders
1	Foot Massage
<b>Total</b>	<b>€ 190,00</b>

### Slow Life (2/3 Days)

Designed for Guests who wish to relish the importance of time devoted to themselves throughout their stay.

1	Saturnia Stone Therapy
1	Energetic Rebalancing Massage
1	Foot Massage
1	Manual Face Lymph-Drainage
<b>Total</b>	<b>€ 290,00</b>

### Antiage (3/4 Days)

A full immersion facial care for freshness and tonicity.

1	Cleansing Facial
1	Idralift
1	Intensive Specific Face Treatment
<b>Total</b>	<b>€ 300,00</b>

### Fitness for You (2/3 Days)

Terme di Saturnia is the perfect place to regain your physical form. A mixture of physical activity in hot-spring water & gym

1	Personal Training (50 min)
1	Pilates
1	Water Gymnastic or Fitness Class (25 min)
<b>Total</b>	<b>€ 150,00</b>

### Detoxifying (2/3 Days)

For those looking for some general purification over their stay.

1	Detox Treatment
1	Cleansing Facial
1	Manual Lymph – Drainage Vodder Technique
<b>Total</b>	<b>€ 320,00</b>

### Anti-cellulite (3/4 Days)

Specific treatments that shape the body and provide an immediate feeling of lightness.

1	Modelling Cast
2	Endermologie
1	Anti-Cellulite Mud
<b>Total</b>	<b>€ 360,00</b>

## SPA Programmes (to be added at the stay) “Terme di Saturnia – Core Programmes”

### Saturnia Diet – Minimum 1 week-stay (a four-nights program is available upon request) (Arrival on “Thursdays & Sundays”)

Designed for Guests who want to use their break to dedicate themselves to body care. This programme provides specific slimming solutions for detox, toning and slimming effects.

1	Medical Check-Up
1	Dietician's Examination
1	Dietician's Check-Up
1	Personalized diet menu at the Restaurant Aqualuce
3	Modelling Cast
2	Eporex or 3 Manual Lymph – Drainage Vodder Technique
3	Endermologie
1	Weekly Pass for the Saturnia Fitness Program
<b>Total</b>	<b>€ 1.845,00</b>

### Remise en Forme – Minimum 6 night-stay

The exclusive Terme di Saturnia treatments combine a relaxing holiday with a pleasant sensory experience

1	Gommage + Thermal Plankton
1	Nutrimelis or 1 Specific Face Treatment
1	Saturnia Long Massage
1	Saturnia Four Hand Massage Shower
1	Foot Massage
<b>Total</b>	<b>€ 420,00</b>

