

Thermal treatments



terme di
SATURNIA

SPA & BEAUTY CLINIC

THERMAL TREATMENTS

Water as a primordial element of the Earth, and the specific properties of our spring water become fundamental in the natural therapies of a thousand-year tradition. All treatments require a preliminary medical consultation.

S MUD THERAPY WITH THERMAL BATH • 45 min € 55

Aged mud is created from the natural combination of clay and the precious water for a duration of at least 6 months.

A mask of hot (approx. 45°C) thermal mud, which when applied to particular parts of the body (shoulders, arms, back, knees) is recommended for the treatment and prevention of osteoarticular pathologies (such as arthrosis, rheumatism, issues with fractures). The intense thermal effect creates a muscular relaxation that improves these contractures.

After the mud therapy, a massage or Physiokinesitherapy is recommended.

S PARTIAL MUD THERAPY • 20 min € 40

hands or feet

Application of thermal mud to the hands and the feet.

S INHALATION THERAPY

These are therapies, which consist of administering thermal water which is nebulized in different ways, without the addition of medicine and which are distinguished by their different particle sizes and by their method of administration. They are indicated in the treatment of chronic problems of the respiratory tract, such as sinusitis, rhinitis, pharyngitis, bronchitis etc. Children are treated in a dedicated area.

- Inhalations € 15
- Aerosol € 15
- Sonic/ionic aerosol € 15
- Nasal irrigation € 18
- Micronized nasal shower € 18
- Collective nebulization € 15

**NOT AVAILABLE
AT THE
MOMENT**

HYDROPINIC THERAPY

upon request

Drinking a glass of spring water in the morning fasting in small sips is indicated against constipation and dyspepsia and is an excellent detoxifier for the liver. The cycle of therapy is subject to medical examination. Our SPA Team remains at your disposal to indicate the location of spring water fountains for the treatment.

S service available by subscription