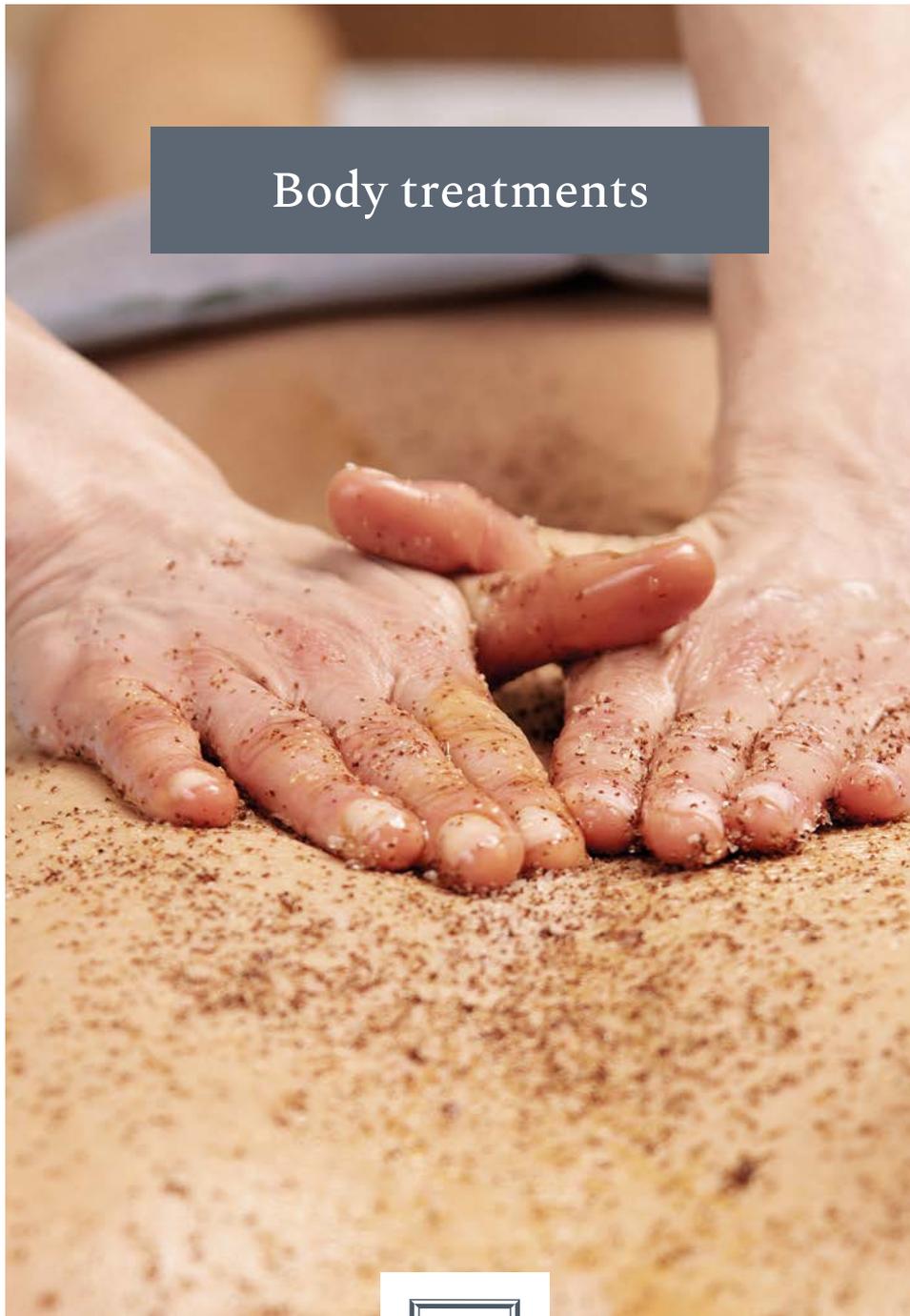


Body treatments



terme di
SATURNIA

SPA & BEAUTY CLINIC

Peeling, tonifying, anti-cellulite, draining body treatments that combine the expertise of our team with the signature products of Terme di Saturnia SPA Cosmetics and restore elasticity and tone the body, fights cellulite, eliminate toxins, thickened skin, fluid and water retention, and give immediate relief and a sensation of lightness.

Body treatments

SATURNIA MUD • 50 min € 80

Tonifying, anticellulite, draining

This is a natural thermal mud enriched with toning essences and essential oils. This mud restores elasticity and tones the body, fights cellulite and gives immediate relief and a sensation of lightness.

WELL-BEING FOR LEGS • 50 min € 90

Wrap and massage for legs

A treatment that combines wrap and massage with essential oils to drain and protect the skin. Particularly effective at toning the legs, it provides an immediate sensation of lightness and relief.

GOMMAGE & PLANKTON • 50 min € 95

Peeling and plankton mask

A delicate peeling of the entire body resulting in particularly smooth skin primed for the moisturizing.

DETOX TREATMENT • 80 min € 190

Massage and clay wrap

A draining massage with essential oil, followed by a white clay pack and final application of sweet almond oil. A very effective treatment to eliminate toxins, thickened skin and excess fluids.

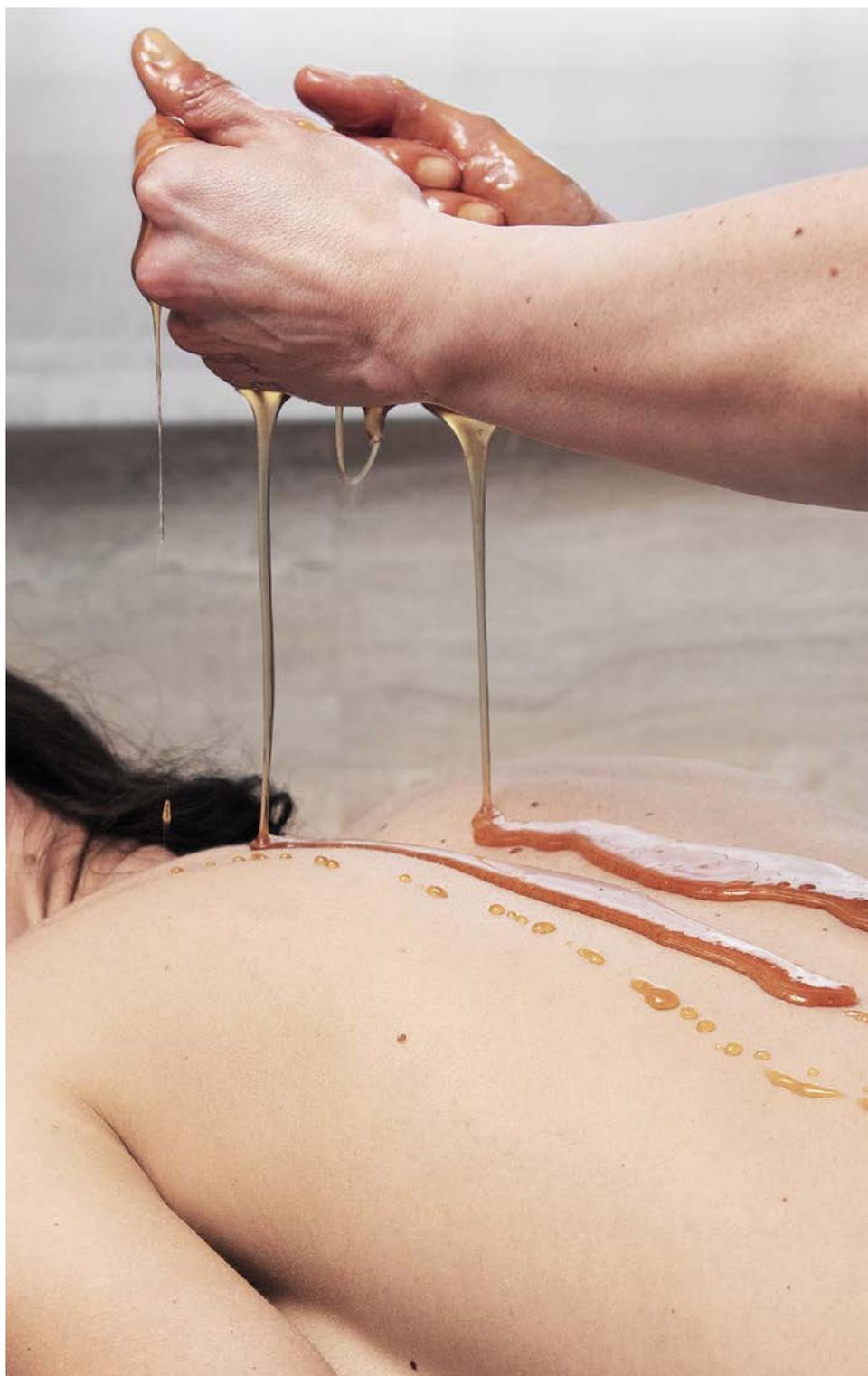
MODELLING CAST • 80 min € 190

Massage and fossil flours localized application

An extremely effective treatment to tackle cellulite, atony and adiposity that uses the synergy of essential oils and vegetable extracts on the body applied by targeted massage, followed by the cast localized application. The alternation of hot and cold has an immediate toning, detoxifying and reducing effect from the first application.

 available in pairs

 a selection of oils will be available to customize your treatment



MAREMMAN INSPIRATIONS

NUTRIMELIS • 50 min € 100

Body massage and honey application

The application of honey and sweet almond oil provides dry and stressed-out skin with a unique firmness and freshness. At the same time it is draining and detoxifying.

OLEOBENESSERE • 50 min € 100

Aromatic oil massage and mud application

Body massage with warm aromatic oils and thermal mud pack, for a real “remise en forme” session with a relaxing, detoxifying and strongly moisturizing action.

ULIVITAS • 80 min € 120

Body massage and peeling with olive and basil olive oil

The combination of olive oil, essential oils and micronized basil can tone, smooth and energize every type of skin. Combined with a deep massage, it has a draining, anti-cellulite and toning effect.

IDRAVITIS • 80 min € 120

Peeling and massage based on vinacciolo

Body beauty ritual based on Vinacciolo nuggets. A complete treatment that includes a sweet scrub based on grape seed nuggets, followed by a relaxing whole-body massage with grape seed oil for an intense hydration and shine to the skin.



SWING & SPA

*"Golf and relax" in thermal water is the winning combination.
Complete your sporting experience with our specific programs.*

🔨 GOLFER BACK MASSAGE • 40 min **€ 100**

🔹 Targeted back massage and cervical area. Designed to give fluency and elasticity to the movements of the back and arms. Excellent as a preparation for field activity.

HOLE IN ONE TREATMENT • 80 min **€ 180**

Saturnia mud pack with high anti-oxidizing and relaxing properties, followed by a revitalizing massage using aromatic oil, relieves the signs of tiredness and muscular tensions providing vitality and well-being for a complete return to form.